



## Reading Sunglasses Take the Boredom out of Sunbathing!

With [reading sunglasses](#) you can indeed read your book and soak up the rays at the same time without the eternal struggle between wearing reading glasses and sunglasses – sometimes at the same time!

Simply put, the advantages of packing a few pairs of reading sunglasses in your suitcase are as follows:

1. They are stylish and fashionable and provide the perfect complement to your other bathing accessories. You can still look cool in the sun with a wide array of ladies and men's reading sunglasses in styles ranging from contemporary to retro.
2. Reading sunglasses will enable to pursue any close up activity in the sun – you might want to tackle the pruning in the garden or carry on with some knitting. Yes, knitting is now officially cool!
3. It is important to protect your eyes from the potentially harmful rays of the sun. Reading sunglasses offer polarised 100% UV protection so that you can pursue your activities in the sun without causing long term damage to your eyes.
4. The new styles of reading sunglasses are light and comfortable to wear being made out of plastic frames and acetate lenses.
5. They look just as stylish as ordinary sunglasses. Nobody will know that your tinted glasses, or sun readers, are also, in fact, reading glasses.

It is important to note that [reading sunglasses](#) are precisely that – for reading in the sun. They are not designed to be worn inside so you will still need your regular reading glasses once you come in from the sun.